

Camp Guide 2025



Why Camp?

From the moment one steps onto the grounds of camp, there's a sense of something special in the air. The songs sung around the fire, the focus and fun of aiming at the archery range and the laughter shared late into the night with fellow campers all contribute to the experience. But beyond the fun and games, camp teaches important life skills—like building friendships, fostering independence and embracing one's true self. Camp is a safe space to be playful, take risks, confront fears and even fail without judgment. Many who have attended camp find that the bonds they formed with fellow campers last a lifetime, and the lessons learned continue to shape who they become. As the Girl Scout mission states, "Girl Scouting builds girls of courage, confidence and character," and for many, the Girl Scout Camp experience is a powerful catalyst in developing all three qualities.

- GSWESTOK Camp Staff

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Our Campers Say It Best!

“I like getting to see all my old friends that I’ve made over the years, and I LOVE getting to meet new ones!” - Braylea, 9th grade

“I was sad to go, and I can’t wait to return as soon as possible. I want to be a CIT (Counselor-in-Training) someday!” - Kaylee, 5th grade

“Going to camp has encouraged my daughter to try hard things, and she has started to believe that she CAN do them. Thank you!”

- Revae, Parent



“We love Camp Trivera. My girls always come home tired and happy. With other summer camp programs, they come home tired, but not always happy!” - Lehne, Parent

“Camp Ekowah is one in a million and a thousand thumbs up!” - Ridley, 2nd grade



“The staff consistently make my daughter feel important and appreciated, and I can always tell she has more confidence in herself when she gets home.” - Laura, Parent

Girls leave camp with...

STRONG SENSE OF SELF

Building confidence in each girl, allowing them to express their identity and understand their capability.

Seeing all she can be!

Program Elements:

- Girl-Led Culture
- Camper's Choice Activities
- Internal Reflection Time
- Guided Mindfulness
- Strong Role Models in Staff and Volunteers

HEALTHY RELATIONSHIPS

Building community, friendships, engaging with mentors and establishing a sense of belonging.

Program Elements:

- Communal Living (Ekowah)
- Family-Style Meals (Ekowah)
- Culture of Welcomeness and Accommodation
- Psycho-Social Development (name games & group dynamics)
- Small Group Model

CHALLENGE SEEKING ATTITUDE

Trying new things, learning new skills, displaying grit and resilience.

Program Elements:

- Staff Guidance through Adversity
- Ropes Course (Ekowah)
- Rock Climbing Wall (Trivera)
- Outdoor Skills
- Program Progression
- Culture that Celebrates Getting Out of One's Comfort Zone



Camp Programs

Girl Scouts Western Oklahoma hosts council-run summer camp programs at two locations: Camp Ekowah and Camp Trivera. Each of our locations offers essential camp activities like team-building, campfires, outdoor cooking, archery, lake/pool time and more. Beyond these, each site offers its own unique adventures, such as the low ropes course at Camp Ekowah and the indoor rock wall at Camp Trivera. Campers have the opportunity to experience a diverse range of traditional camp fun and exclusive programming available only during our summer camp sessions. Both facilities are also equipped with severe weather shelters to ensure camper safety.

Camp Ekowah



Marlow, OK

- Archery & Slingshot Range
- Arts & Crafts
- Counselor-in-Training Program
- Hammock & Tent Camping Options
- Low Ropes Course
- Nature Exploration
- Private Access to Lake Fuqua
- Basketball and Tennis Courts
- Swimming Pool
- Softball Field

Camp Trivera



Oklahoma City, OK

- Archery
- Arts & Crafts
- Private Access to Zoo Lake
- Program Aide Training Program
- Basketball Court
- STEAM Lab
- Indoor Rock Wall
- Swimming Pool
- Zipline

Summer Camp Schedules

Camp Ekowah

	Grades 2-3	Grades 4-5	Grades 6-8	Grades 9-12	Leadership
Classic Camp: Week 1	Pathfinders (June 4-6)	Explorers (June 1-6)	Adventurers (June 1-6)	Trailblazers (June 1-6)	CIT I: Part 1 (June 1-6)
Classic Camp: Week 2	Pathfinders (June 11-13)	Explorers (June 8-13)	Adventurers (June 8-13)	Trailblazers (June 8-13)	CIT I: Part 2 (June 8-13)
Classic Camp: Week 3	Pathfinders (June 18-20)	Explorers (June 15-20)	Adventurers (June 15-20)	Trailblazers (June 15-20)	CIT II: Part 1 (June 15-20)
Classic Camp: Week 4	Pathfinders (June 25-27)	Explorers (June 22-27)	Adventurers (June 22-27)	Trailblazers (June 22-27)	CIT II: Part 2 (June 22-27)

Camp Trivera

	Grades K-1	Grades 2-3	Grades 4-5	Leadership
Week 1: Animals (July 7-11)	Daisy Discovery: Animal Observer Adventure	Brownie Bug Bonanza <small>Optional - Thursday Night Overnight: A Taste of Resident Camp</small>	Junior Jungle Safari	Program Aide Training
Week 2: Music/Dance (July 14-18)	Dancing Daisies	Brownie Boogie <small>Optional - Thursday Night Overnight: A Taste of Resident Camp</small>	Junior Jamboree	Program Aide
Week 3: Sports/Games (July 21-25)	Daisy Dream Team	Brownie Blitz <small>Optional - Thursday Night Overnight: A Taste of Resident Camp</small>	Junior All-Stars	
Week 4: Superhero Training Academy (July 28 - Aug. 1)	Dynamic Daisies	Brave Brownies <small>Optional - Thursday Night Overnight: A Taste of Resident Camp</small>	Juniors for Justice	

Aftercare is available from 4 - 6 p.m. each day for \$60

Thursday Night Overnight: A Taste of Resident Camp, is optional and can be added to your day camper's experience for \$50

Campers must be a Brownie or Junior (Grades 2-5) to attend Thursday Night Overnight camp

Camp Ekowah



Nestled among tall trees and serene nature, Camp Ekowah offers the perfect summer escape for girls to explore the outdoors, create lasting memories, build new friendships and engage in a variety of exciting activities. Campers can tackle the low ropes course, uncover the wonders of the forest, hone their skills at the archery range or enjoy time on the lake. With countless opportunities for adventure, Camp Ekowah provides a supportive and safe environment where girls can grow, learn and thrive.

Camp Dates

Resident Camp

June 1-27



Camp Ekowah Programs

Classic Camp

Come enjoy a classic summer camp experience at Camp Ekowah! Dive into nature, spend time with friends and enjoy s'mores under the night sky with a beautiful lake view. With this program, you will get the classic camp experience: play games, explore the surrounding woods, take a dip in the pool or lake, get creative with crafts and gather around the campfire with friends old and new.

Explorers (Grades 4-5)

- Session 1: June 1-6
- Session 2: June 8-13
- Session 3: June 15-20
- Session 4: June 22-27

Adventurers (Grades 6-8)

- Session 1: June 1-6
- Session 2: June 8-13
- Session 3: June 15-20
- Session 4: June 22-27

Trailblazers (Grades 9-12)

- Session 1: June 1-6
- Session 2: June 8-13
- Session 3: June 15-20
- Session 4: June 22-27

Mini Camp

First and second year campers at Camp Ekowah get to sample all the most popular camp activities, including swimming and boating, arts and crafts, games and songs, archery, low ropes and of course, that classic campfire! Think of this program as a steppingstone from day camp to overnight camp. Mini camps are just enough time to get to know Camp Ekowah, and after a visit or two, you'll be ready for a full week of classic camp. Mini camp sessions run Wednesday through Friday and are offered in June.

Pathfinders (Grades 2-3)

- Session 1: June 4-6
- Session 2: June 11-13
- Session 3: June 18-20
- Session 4: June 25-27



Leadership Camp

If you're looking forward to being a counselor, leading the lifeguard team or hope to serve as camp nurse someday, CIT Training is the program for you! This program will help you enhance your resume and build skills for the future. Leadership campers will explore developing and delivering camp programming, learn techniques on how to work with kids and make progress towards transitioning from camper to staff member. Leadership camp programs span two weeks (not including weekends) and are offered in June. *Upon completing CIT II, CITs can assist with as many week-long sessions as they choose. CITs must register and must be able to attend each session they register for in its entirety.

Counselor-in-Training (CIT I)

- Part 1: June 1-6
- Part 2: June 8-13

Counselor-in-Training (CIT II)

- Part 1: June 15-20
- Part 2: June 22-27

A Day at Resident Camp!



Camp Trivera

Established in 2020, Camp Trivera is an urban oasis that provides the wonders of camp right in the heart of Oklahoma City. This world-class, 19-acre property is located in OKC's Adventure District. Our urban STEAM camp combines innovation (and air conditioning) with traditional summer camp activities – perfect for new and seasoned campers. Campers can take a dip in the pool, work on projects in the STEAM lab, climb the indoor rock wall, canoe in the lake or ride on the zipline! No matter what, they will have access to a host of amenities to explore a variety of interests.



Camp Dates

Open House I

April 12, 10 a.m. - 12 p.m.

Open House II

April 24, 6 - 8 p.m.

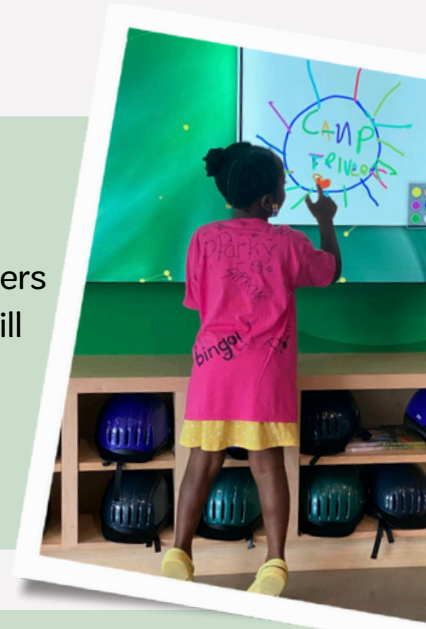
Day Camp: July 7-31



Day Camp: Daisies (Grades K-1)

Week 1: Daisy Discovery: Animal Observer Adventure - July 7-11

Calling all animal lovers! Join us for a wild adventure exploring the wonders of the animal kingdom through exciting nature walks, where campers will spot and identify different animals. Then, get creative as they craft fun projects inspired by their favorite animals! It's a paws-itively fun way to learn and discover the world around them!



Week 2: Dancing Daisies - July 14-18

Get ready to move and groove while exploring the beauty of nature! At Dancing Daisies, campers will discover how patterns, shapes and numbers are found all around them. Through fun activities, creative movement and music-inspired games, girls will learn to see music in a whole new way!

Week 3: Daisy Dream Team - July 21-25

Have you ever played soccer with a pillow or played volleyball with a balloon? Spend the week playing creative versions of classic games. Girls will have the chance to put their own twist on these classic games and even invent entirely new ones!



Week 4: Dynamic Daisies - July 28- Aug. 1

Campers will discover their superpowers through fun and exciting adventures. Train like a superhero as you conquer obstacle courses, unleash your creativity with heroic crafts and work together to solve challenges. This camp is all about empowering girls to be everyday heroes in their communities. Get ready to save the day!

Day Camp: Brownies (Grades 2-3)



Week 1: Brownie Bug Bonanza - July 7-11

Join us for a buzzing good time! Embark on a nature scavenger hunt to discover the amazing world of bugs and learn why they are so essential to our environment. Explore the winged wonders of nature, create bug-inspired art and gain a new appreciation for these tiny creatures that make a big impact!

Week 2: Brownie Boogie - July 14-18

Put on your dancing shoes! Girls will learn fun new dance moves, explore different dance styles and move to the beat. Campers get ready to twirl, jump and groove your way through a day full of music, creativity and dance-filled fun!

Week 3: Brownie Blitz - July 21-25

Get ready for a whirlwind of fun! Each day, campers will hit the playing field to try out different sports and games. From friendly competitions to teamwork challenges, this camp is all about having a blast while staying active and learning new skills. Let the games begin!

Week 4: Brave Brownies - July 28- Aug. 1

Calling all future superheroes! Campers will discover their inner strength while learning how to work as a team, problem-solve and build their confidence. From obstacle courses to crafting their own superhero costumes, girls will train to unleash their superpowers and save the day! By the end of camp, they'll have the skills to be everyday heroes in their own communities, ready to face any challenge with bravery and teamwork.

Thursday Night Overnight: A Taste of Resident Camp

Join us for an optional overnight stay on Thursday night and experience the excitement of camp after dark! You'll enjoy dinner, fun evening activities, a campfire complete with songs and s'mores and a night together with friends inside Camp Trivera's Gathering Hall. This is the perfect opportunity to get a taste of what it's like to stay for resident camp while making memories with your friends. Don't miss out on this one-of-a-kind camp experience!

Day Camp: Juniors (Grades 4-5)



Week 1: Jungle Safari: Exploring Animal Habitats - July 7-11

Get ready for an exciting adventure! Campers will explore the wonders of the jungle and other animal habitats. The girls will learn how different creatures thrive in their environments, and create fun projects inspired by the plants and animals they encounter along the way.

Week 2: Junior Jamboree - July 14-18

Let's make some noise! Girls will explore the world of music, discover different instruments, learn about rhythm and melodies and even create their own music. Whether campers are clapping, drumming or playing a tune, this camp is all about having fun and finding your beat.



Week 3: Junior All-Stars - July 21-25

Step up and become a Junior All Star! In this action-packed camp, girls will stay active with fitness challenges, learn how to practice with focus and determination and unleash their creativity by designing their own digital games. It's the perfect blend of physical activity, skill-building and fun – all while becoming an All Star.



Week 4: Juniors for Justice - July 28- Aug. 1

Join us for an action-packed camp session inspired by the world of superheroes! Take on exciting STEAM challenges, sharpen your archery skills, test your strength and agility with thrilling games and unleash your creativity with heroic crafts. This is your chance to discover your inner hero and embrace the spirit of justice!

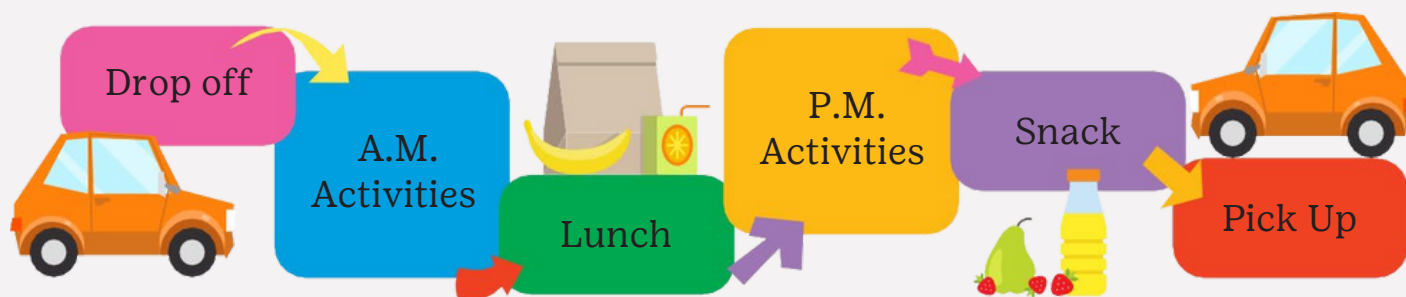
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Day Camp Life

Program Overview

Campers have a variety of program options offered to them each week. Some favorites include archery, canoeing, crafts, swimming, STEAM activities and more! Campers will spend most of their time with a group of 6-12 girls of a similar age, along with at least two counselors. The unit participates in planned activities and works together to make group decisions throughout their time at camp.



Typical Day at Camp

- Arrive at camp, assemble in units
- All Camp Opening Ceremony
- Morning Activity Rotations (STEAM, Rockwall, crafts, etc.)
- Lunch
- Mindful Moment
- Pool Time
- Camp Wide Activity and Snack
- All Camp Closing Ceremony
- Leave for home/aftercare begins

Grownups, join us every Friday at 3:30 p.m. in the amphitheater for Camp Trivera's all-camp showcase! Each unit will take the stage to present something they've learned during the week—whether it's a skit, song or special performance. Celebrate your camper's achievements and enjoy the fun!

Tie-Die - Every Thursday at camp is Tie-Dye Day! Send your camper with an item to tie-dye—whether it's a T-shirt, socks, tote bag or pillowcase. Let their creativity shine as they create a colorful keepsake to bring home!

Thursday Overnight- For Brownies and Juniors spending the night, get ready for an unforgettable experience! Campers can look forward to the following evening adventures:

- Evening Activity (Games, Canoeing, crafts, etc.)
- Cook-out Dinner
- Camp Fire
- Night Swim
- Lock-in Style Sleep Over in the Gathering Hall
- Breakfast Friday Morning

Girl Readiness Quiz

Don't know where your camper would fit best?
Take our quiz with your girl to find out!

Do you enjoy staying overnight at a friend's house?

1 - Yes! 2 - Maybe! 3 - No Way!

Have you ever camped before?

1 - Yes! 2 - Maybe! 3 - No Way!

Can you go without TV, video games, a computer or cell phone?

1 - Yes! 2 - Maybe! 3 - No Way!

Are you ready to sleep in a cabin with other campers?

1 - Yes! 2 - Maybe! 3 - No Way!

Are you willing to try new foods that you haven't before?

1 - Yes! 2 - Maybe! 3 - No Way!

Can you make your own bed and keep track of things?

1 - Yes! 2 - Maybe! 3 - No Way!

Do you like to meet new people and interact with others, not just your best friends?

1 - Yes! 2 - Maybe! 3 - No Way!

Can you take care of personal needs, like using the bathroom, showering and getting dressed?

1 - Yes! 2 - Maybe! 3 - No Way!

Do you enjoy outdoor activities like hiking and sleeping without air conditioning?

1 - Yes! 2 - Maybe! 3 - No Way!

Mostly No Way!

Consider trying a week at Day Camp or Thursday Overnight Camp.

Mostly Maybe!

You may want to try a Mini Camp or Thursday Overnight Camp.

Mostly Yes!

You are an experience camper who will thrive at Overnight Camp! Consider trying camp Ekowah's sessions.

Adults need to be prepared for their Girl's time at camp too!

Take our Adult Readiness Quiz to ensure you're as ready as your camper is.



2025 Camp Fees



Camp Ekowah

Classic Camp	\$500
Mini Camp	\$300
CIT Price includes both CIT sessions	\$650
Additional Fees (Optional)	
*Transportation	\$50

*Transportation from our Council Office (Oklahoma City) to Camp Ekowah (Marlow) prior to session and back to our Council Office after camp session (Friday).

Camp Trivera

Day Camp Mon. - Fri.	\$350
Additional Fees (Optional)	
Thursday Overnight	\$50
Aftercare (4-6 p.m.) Mon. - Thurs.	\$60

Want to send your camper something special?

Camp Care Packages	\$30
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Registration

Registration opens for returning campers on **January 27, 2025**, at noon. Registration opens for new campers on **February 3, 2025**, at noon. A \$50 deposit is required for each session at the time of registration. All necessary forms, including health forms, will now be a part of the registration process.

Financial Aid

Any youth member living in our service area is eligible to receive financial aid! Our Financial Aid program is robust, flexible and we will happily consider any information you'd like to share in order to determine eligibility. Applicants will not be automatically excluded based on income guidelines alone.

We enthusiastically welcome all campers to apply! Our commitment to accessibility ensures that nearly every applicant receives some form of financial aid, with the application seamlessly integrated into the camp registration process. Families will encounter the option to complete the financial aid form during their online registration.

Fees

As a non-profit organization, our fees are a direct reflection of the operational cost to run camp. The rising costs of food, vendors and most significantly, staffing, are reflected in the 2025 Camp Fees. Variance in session fees represents amenities offered at each site, such as food service, included transportation, session programming, etc.

The full balance of the camp fees is due for all sessions two weeks prior to the start of camp.

Learn More

For additional information regarding deposits, financial aid, confirmation of registration, payment of fees, cancellations, our refund policy, camper needs & accessibility, food allergies or any additional questions, please visit our FAQs, or contact our Member Services department (Monday - Friday, 9 a.m. - 5 p.m.)

☎ 405-528-GIRL (4475)

✉ info@gswestok.org



Click [HERE](#) or Scan QR to Register



What age group does my camper fall into?

- The grade your child is going into in the fall 2025. Example: If your child is entering 2nd grade, they should be registered as a 2nd grader.
 - Daisy: Kindergarten-1st grade
 - Explorer/Junior: 4th-5th grade
 - Pathfinder/Brownie: 2nd-3rd grade
 - Adventurers/Cadette: 6th-8th grade
 - Trailblazers/Seniors and Ambassadors: 9th-12 grade



Where do campers sleep at Camp Ekowah?

- Campers sleep-in open-air cabins with two counselors and up to 10 campers in their same age group level.

What medical support is offered at camp?

- Our camps have a nurse and/or certified first aider onsite at all times. Additionally, all GSWESTOK staff are American Red Cross First Aid CPR Certified.



Can my camper bring their cell phone?

- No, in order to allow campers and staff to fully enjoy and benefit from camp, we do not allow campers to have cell phones. The exclusion of phones from our camp program is intentional, backed by research and is considered an industry best practice by the American Camp Association.

How are campers supervised?

- Campers will live (Ekowah) and move about with at least two counselors at all times. Counselors serve as the primary caregivers for campers. All staff participate in an intensive two-week training program to ensure they're prepared to care for the safety, wellbeing and rewarding experiences of all campers. Additionally, all camp staff undergo thorough background checks, ensuring a secure and reliable environment.

Do I have to be a Girl Scout to attend camp?

- Our camps are open to every camper who identifies with the girl experience —no matter their race, ethnicity, religion or ability.

Can my Girl Scout use Cookie Rewards to pay for camp?

- Yes, they can!

Is there transportation?

- Transportation will be available to and from Camp Ekowah for each full week of camp. The bus will depart from the Council Office at 6100 N Western, OKC, OK 73118, on Sunday and return on Friday. Please note that transportation will not be provided to camp for Mini Camps starting on Wednesday, but return transportation to the Council Office will be available on Friday.

Be sure to select "Yes" for transportation when registering for camp. Additional details will be provided after registration.

How will I know how to prepare my child for camp?

- Families will be provided with a robust camper guide ahead of the camp season. The Camper Packet will include all of the essential information needed to prepare for your camper's session. It includes things like packing lists, pick-up instructions, camp rules, policies and a wealth of additional essential information.

Will Horse Camp be offered this summer?

- After much evaluation, we determined that we will not offer horse camp experiences this summer. This doesn't mean that Horse Camps are gone forever, but we want to make sure we are offering the best experience we can give our campers, and we need time to make that happen. We will continue working to partner with organizations that align with our mission to provide a variety of opportunities for our campers in the future.

Can older girls (6th-12th grade) stay on Thursday night of Day Camp?

- Day Camp is truly geared for K-5th grade. The older girls have the opportunity to help lead Day Camp through the Program Aide opportunity. The PA's will walk alongside their campers, joining and leading them through all of their activities as well as assisting in planning activities for campers with the help of counselors and GSWESTOK staff. The progressive nature of our program, is intended to help prepare younger girls for Resident Camp at Ekowah. "A Taste of Resident Camp" is best suited for Brownies and Juniors, but if older girls (6th-12th grade) would like to enjoy an overnight experience they can attend Resident Camp at Ekowah.

What is the cancellation policy?

- **GSWESTOK EVENT REFUND POLICY:** Girl Scouts Western Oklahoma reserves the right to cancel an event due to circumstances which would make the event non-viable. If GSWESTOK cancels an event, registrants will be notified and offered a full refund. Should circumstances arise that result in the postponement of an event, GSWESTOK has the right to either issue a full refund or transfer registration to the same event at the new, future date. Registration cancellations must be initiated by participants two weeks prior to the event date. Cancellations will be accepted in writing only and must be received by the stated cancellation deadline. Cancellations received after the stated deadline will not be eligible for a refund. If you are canceling due to a medical emergency, the deadline is 48 hours before the event start date. A doctor's note will be required for any refunds after the cancellation deadline. Camp deposits are non-refundable. All camp refunds must be approved by the Camp Director. Refunds will not be available for registrants who choose not to attend an event. All refund requests must be made by the attendee or credit card holder. All refunds will be made by the same method of payment (rewards card, credit card, check, gift card). Cash will be refunded via check. Refund requests must include the name of the attendee and/or receipt.